

ATA MARTIAL ARTS SCHEDULE - 302-0009

Effective February 14th, 2011

Monday

6:00-7:00 - Women's Fitness

Tuesday

4:00-4:30 Tiny Tigers(All)

4:30-4:45 Tiny Tigers BBC

5:00 -5:30 Basic

5:30-6:15 BBC

6:15-6:45 Special Abilities

6:45-7:30 Black Belts

7:30-9:00 MMA

Wednesday

6:00-7:00 - Women's Fitness

Thursday

4:00-4:30 Tiny Tigers(All)

4:30-4:45 Tiny Tigers BBC

5:00 -5:30 Basic

5:30-6:15 BBC

6:15-6:45 Special Abilities

6:45-7:30 Black Belts

7:30-9:00 MMA

**All students in BBC and Black Belt classes should come to class with sparring gear on*